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BREAKFAST MENU | March 31-April 4, 2025

Breakfast Hours: 7:00A-10:15A

SMOOTHIES

Available via at Better for You

Green Refresh

Coconut Water, Pineapple, Mango, Kale, Spinach

Strawberry Papaya

Strawberry, Papaya, Yogurt, Coconut Water

Turmeric Treatment

Almond Milk, Mango, Turmeric, Black Pepper

NEW! Banana Bliss Protein

Whey Protein Powder, Vanilla Extract, Banana, Cinnamon, Oatmilk

BETTER FOR YOU

M: Smoothie Bar

T: Smoked Salmon Bar

Choices of: Bagels, Toast, Cream Cheese & Toppings

W: Breakfast Taco

House Made Chicken Chorizo; Fried Egg or Tofu; Refried Black Beans; Sweet Potato Hash; Pickled Onion; Cilantro; Avocado Crema; Pico de Gallo; Tortilla

TH: Sweet Potato & Turkey Bacon Hash Bowl

Over Easy OR Fried Egg ;Steamed Broccoli Tomatoes; Scallions; Avocado Puree

HOT BREAKFAST BAR

Scrambled Eggs

Scrambled Egg Whites

Pork Sausage

Turkey Sausage Links

GRILL SPECIAL

Bacon Egg & Cheese on French Toast Sandwich with Tater Tots

OMLETTE AT ACTION

Build Your Own  
Choice of: Egg, Egg Whites, Plant Based Egg

Toppings: Chicken, Turkey, Ham, Bacon Bits, Spinach, Peppers, Onions, Seasonal Vegetables

MARKET BAR

Freshly Baked Muffins

Bagels & Spreads

Yogurt Parfaits, Fresh Fruit

AT THE GRILL

Eggwiches

Cage Free Eggs or Egg Whites Bacon, Sausage, Vegetarian Sausage on Brioche, Wraps, Kaiser Rolls, Sliced Breads

Our Famous Pancakes Classic